



ActivTrax MONTHLY CHALLENGE MARCH

March Challenge



SPRING INTOSHAPe

Spring is just around the corner. Our monthly challenge gives you that extra push to get into shape.

Join us in this month's ActivTrax *Spring Into Shape* challenge. You'll receive 100 points for each ActivTrax workout you complete and 50 Points for each cardio activity you record. This month's objective is to earn 1,400 points.

See the front desk or fitness staff for more information.

